C4411(1) CHELMSTORDON

### BOROUGH OF CHELMSFORD



# ANNUAL REPORT

OF THE

## MEDICAL OFFICER OF HEALTH

FOR THE

Year ended 31st December, 1948

I. MERVYN THOMAS, M.D., B.Sc., D.P.H., M.R.San.I.

Medical Officer of Health.

CHELMSFORD:

John Dutton Ltd., 8, Tindal Street and 91, High Street.



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#### BOROUGH OF CHELMSFORD

#### PUBLIC HEALTH OFFICERS OF THE BOROUGH.

Medical Officer of Health:

J. MERVYN THOMAS, M.D., B.Sc., D.P.H., M.R.San.I.

Senior Sanitary Inspector:

R. F. WYNN, C.R.S.I., M.S.I.A.

Sanitary Inspectors:

E. ALTY, C.R.S.I., M.S.I.A.

T. B. HOOD, C.R.S.I., M.S.I.A. (Resigned July, 1948).
H. FIELD, C.R.S.I., M.S.I.A. (Appointed 26th July, 1948).
R. PRICHARD, C.R.S.I., M.S.I.A. (Appointed 22nd Nov. 1948).

Sanitary Inspector's Department:

Clerks:

S. V. EDWARDS.

L. AINSWORTH.

Veterinary Inspector (part-time):

Mr. H. G. McSHANE, M.R.C.V.S.

The following Officers were transferred (full-time) to the Essex County Council under the National Health Service Act, 1946, on the 5th July, 1948.

#### Health Visitors:

Miss E. E. GLASCODINE, S.R.N., S.C.M., H.V.Cert.
Miss M. MAKINGS, S.R.N., S.C.M., H.V.Cert.
Miss H. M. HALL, S.R.N., S.C.M., H.V.Cert.
Mrs. E. LUCEY, S.R.N., S.C.M., H.V.Cert.
Mrs. V. H. GROVE, S.R.N., S.C.M., H.V.Cert.
(Appointed 18th October, 1948).

Chief Clerk:

T. W. BUNTER, M.R. San. I.

Clerks:

G. H. D. BROWN.

Miss P. DOBBS.

D. L. GIFFORD.

Miss V. DEVONISH.

Matron, Day Nurscry, Waterloo Lane:
Miss SYMMONS.

Dental Surgeon (part-time):

FRANCIS V. MAGUIRE, L.D.S., R.C.S. (Eng.)

Dental Attendant:

Miss R. LEEKS.

#### ANNUAL REPORT, 1948.

Mr. Mayor, Ladies and Gentlemen,

My Tenth Annual Report as Medical Officer of Health is presented for your information in respect of the year 1948, and in it are found many Services which were transferred to the Essex County Council under the National Health Service Act, Part III, on July 5th, 1948.

It is said that "Man wants but little here below nor wants that little long." I would suggest that the "little" in this quotation as a minimum implies (i) good inheritance and hereditary characteristics; (ii) good healthy parents; (iii) a good and happy home; (iv) the necessary environment to grow and be free from most of the ailments that man is heir to; and (v) should he unfortunately succumb a curative service is necessary both for his Mental and Physical Welfare. Given these conditions it is expected that man himself should form his destiny in the right and proper way expected of Civilization.

With this in mind let us analyse what is being done and what has been attained in the Borough of Chelmsford to satisfy the needs of the "little here below" for 1948. In the first place, during the past year man has stood the chance of only being 1 in 29.27 in dying under the age of one year, which for the rest of the country has been 34. His chances of survival have been bettered by reason of the fact that no mother has suffered with puerperal sepsis nor has there been a maternal death. There has been no death from either Measles, Whooping Cough or Diphtheria, although the rest of the country has a death rate of 3.3 per thousand for Diarrhoea. In fact, only 18 children under one year died of any condition in the year, and 13 of these were Malformations or Birth Injuries, etc. He has been free from typhoid or paratyphoid fevers, measles, searlet fever, whooping cough, diphtheria, influenza, cerebro-spinal fever and infantile paralysis, all of which had no deaths in the year.

Arriving at the termination of life, it would appear that here we record the majority of deaths, these being 115 over the age of 75, with a figure of 81 from 65–75; this, I suggest, is a very good record of health estimated by longevity. To promote eare at all ages the Services, which from year to year have been reported by me as increasing in attendance and expansions into fields of wider knowledge all focusing on the health of the individual, have played an important part and, I am pleased to record, are accepted widely in the Borough of Chelmsford.

To mention, once again, the work done by the Clinic Doctors, the Health Visitors and School Nurses, the Dental Officers and their Staffs, together with the excellent help given by the willing Voluntary Helpers, is only to emphasise the scope of the work in hand. The fact that the scourge of diphtheria has now not been known for over twelve years can only be attributed to the careful watch that is kept on all babies who are effectively immunized in the first year of life, and this immunity is maintained by boosting doses at the age of five, ten and possibly fifteen years.

As in previous years there is nothing spectacular to report for which I am indeed grateful, but it is this that makes the health of Chelmsford so outstanding. At this stage I would draw your attention to the fact that the National Health Service Act of 1946, which came into operation on the 5th July, 1948, will in no way destroy the Services which have formerly been under the guidance of the Chelmsford Borough Council, but can be enhanced to a large degree by having available, from a widening field, both the knowledge of the circumstances surrounding our Borough and also such preventive measures as were impracticable and uneconomical hitherto. As the co-ordinating Medical Officer of the Mid-Essex Health Division the advantages of furthering the Borough's own particular needs will continue and improve. It is unfortunate that the Act states so little about preventive medicine and yet emphasises so much curative medicine. Surely curative medicine is an admission of failure, for the individual has contracted something which might conceivably have been prevented. Here must be stated the 64 deaths from Cancer. We have an excellent medical service on the curative side in Chelmsford when this takes place, but to me it is always an admission of failure in my work in preventive measures.

On the 5th July, 1948, the Maternity and Child Welfare work was entirely transferred, as were all Specialist Services, under the Regional Hospital Board, and it is often asked what is left for a Medical Officer of Health of any town. It is my submission that at last he can begin to assess, in its right perspective, the information of his area in all matters of health whether they be infective diseases, food poisoning, environmental health or social and economic welfare.

So far it has been stated the "little" man requires, but he "cannot live by bread alone" and this truly is only the bread. He requires substance for mental thought and activity and exercise for his active physical body. It is, therefore, necessary for cultural activities, both in large and small ways, to be available in which he can himself take part, and, in this connection, the setting up of good parks with playing fields, etc., is most important. We do very much need an indoor swimming pool in Chelmsford.

Good and adequate homes are an essential feature and these are being met to quite a marked degree in Chelmsford, but I cannot agree that separating the aged to one part of a community as some kind of "foreign body" is a good thing. Although the reasons for so doing are appreciated, I do maintain that the family unit should comprise both the very young and the very old if true relationships and internal happiness is to be preserved, and while their individual living accommodation may be separated they should not be segregated where the one cannot be influenced by the other.

J. MERVYN THOMAS,

MEDICAL OFFICER OF HEALTH.

#### Circulars, etc., received during the Year 1948.

Circular.		Number.		Title.
Ministry of Health Circular		3/48		Health Centres.
Do.	• •	12/48	••	Salaries of whole-time Medical Officers of Health.
Do.	••	23/48		Food and Drugs Act, 1938 and 1944. Ministers of the Crown (Transfer of Functions) Act, 1946. Transfer of Functions (Food and Drugs) Order, 1948.
Do.	••	36/48	• •	National Health Service Act, 1948. Public Health Services available to Public.
National Health Service Act, 1946	••	Section 51 of Act		Mental Health Service—Essex County Council. Proposed arrangements.
Do.	• •		••	Decentralization of Administration—Essex County Council.
Ministry of Health Circular	••	60/48	••	Authentication of Certificates of Vaccination and Inoculation for use of travellers abroad.
Do.	• •	67/48 and Amendment Order No. 819		Iee-eream (heat treatment, etc.). Amendment Regulations, 1948.
Ministry of Food	• •	Memo 62 b/Foods	••	Meat Inspection.
Do.		<u></u>		The Public Health (Imported Food) Amendment Regulations, 1948.
Ministry of Health Circular	• •	81/48	• •	Food and Drugs Acts, 1938 and 1944.
Do.	• •	1948 No. 1117	7	The Milk (Special Designations) (Amendment) Regulations, 1948.
Do.	• •	1948 No. 1119	••	The Public Health (Meat) (Amendment) Regulations, 1948.
Ministry of Health Circular	••	Memo 30-9-48	3	Food and Drugs (Milk and Dairies) Aet, 1944.
Ministry of Food Circular	• •	M.F. 3/48	••	Food and Drugs Act, 1938. 1. Unsound Food.

	Statistics an	d So	cial C	ondi	tions	of tl	ie Are	ea.	
Area (in acres)	:.	٠.	4,755 35,85		Regist	rar-C	denera	l's estimate	of resident
Population, 1948	3	{	po	pula	tion, : Census	mid-	year).		
Number of Inhae of 1948) accord			10,34	·			ŕ		
RATEABLE VALUE	(1st April, 194	18)	£365	,101					
SUM REPRESENTE	D BY A PE	NNY							
RATE (year en	ding 31st Ma	reh,	0.7.4.						
1948)	• •	• •	£1,40	50 15	5s. 8d.				
	Extr	acts	from	Vita	l Stati	istics	•		
BIRTHS.			m . 1		35.3	,	7 1		
	[Legitimate		Total. 582		Male. 308		Female. 274 آ		
	Legitimate	• •	902	• •	300	• •	214	Birth Rate	per 1,000
Live Births	Illegitimate		33	••	14	• •	19	of the	estimated
	Totals		615	••	322	• •	293	mid-1948	
	Legitimate		13	• •	9		4	Rate per	1 000 live
Still Births	Illegitimate		1	• •	1	• •	{		l births—
	Totals		14	••	10		4	22.01	
DEATHS			311		156		ر 155	Death Rat	e per 1,000
								of the	estimated
									population
Deaths from Pu	erneral eauses	·—						—8.68.	
Puerperal S	-	•							Nil.
Maternal ea	*								Nil.
Death Rate of l	Infants under o	ne v	zear of	age	:				
	per 1,000 birtl								29.27
	Infants per 1,6		legitim	ate :					29.21
	e Infants per 1		~				ns		30.30
Deaths from Ca	neer (all ages)								64
Deaths from Me	easles (all ages)								Nil.
Deaths from W	hooping Cough	(all	ages)						Nil.

Deaths from Diarrhoea, etc. (under two years of age)

Nil.

**Deaths.**DEATHS AT VARIOUS AGES DURING THE YEAR 1948.

Under 1	1–2	2-5	5–15	15-25	25–35	35–45	45–55	55–65	65–75	75 F
18	1	3	_	5	6	11	28	43	81	115

#### DEATHS FROM ALL CAUSES, 1948.

Cause	es of Dea	th			Males	Females	Total
Typhoid and Paratyphoid	Fevers			]	_	_	_
Measles					_	_	_
Scarlet Fever					—	<u> </u>	_
Whooping Cough						_	_
Diphtheria						-	
Influenza					_	_	_
Cerebro-Spinal Fever					_	_	_
Tuberculosis of the Respir					1	$\frac{2}{1}$	3
Other Tuberculosis Disease		••			_	i	i
	• •		••		4	1 _	4
Cancer of b. Cav. and Oes					6	3	9
Cancer of Stomach and Du			(-)		6	5	l ii
Cancer of other sites			• •		19	19	38
Cancer of Breast						6	6
Diabetes					2	ľ	3
Intra Cran. Vasc. Lesions			••		$1\overline{2}$	24	36
Heart Diseases		••	••		45	39	84
Other Circulatory Diseases			••	::	9	9	18
Bronchitis			••	- ::	ıĭ	3	14
Pneumonia			• •	- ::	3	12	15
Other Respiratory Disease		••	• •		$\frac{3}{2}$	1 1	3
Nephritis			• •				
Puerperal and Post-abortic		· ·	• •	•••			4
0.1 75.1 1.0	···	10	••	•••	_	_	-
Con. Mal., birth injury, In	fant die	• •	••		6	7	13
Premature Birth	iani dis.		••	• •	U	l í	
0.1.13	••	••	• •	• •		l i	1
Other Violent Causes		• •	• •	••	$\frac{2}{3}$	4	3 7
Road Traffic Accidents		••	• •	•••	3	1	
		• •	••				4
	••	• •	• •		20	11	31
Ponomyeuus		••	• •	••	_	_	_
Acute Infectious Encephal		• •	• •		_	_	
Ulcer of Stomach or Duode		• •	• •	•••	- 1	_	
Diarrhoea, ctc. (under two	•	•	• •	• • •	- 1	_	_
	• •	• •	• •	•••	_	_	_
Other Digestive Diseases	• •	• •	• •	•••	2	3	5
Totals					156	155	311

#### Vital Statistics.

BIRTH RATES, CIVILIAN DEATH RATES, ANALYSIS OF MORTALITY, MATERNAL MORTALITY AND CASE RATES FOR CERTAIN INFECTIOUS DISEASES IN THE YEAR 1948.

(Provisional figures based on quarterly returns.)

(Provisional	јідитев оазеа	on quarterly return	(8.)	
	England and Wales	126 County Boroughs and Great Towns including London	148 Smaller Towns (Resident Populations 25,000 to 50,000 at 1931 Census)	London Adminis- trative County
	]	Rates per 1,000 Ci	vilian Population	
Births.  Live	17.9 (a) 0.42 (a)	20.0 0.52	19.2 0.43	20.1 0.39
All Causes	10.8 (a) 0.00 0.02	$\begin{array}{c} 11.6 \\ 0.00 \\ 0.02 \end{array}$	10.7 0.00 0.02	$11.6 \\ 0.00 \\ 0.01$
Whooping Cough Diphtheria Tuberculosis Influenza	$0.00 \\ 0.51 \\ 0.03$	$0.00 \\ 0.59 \\ 0.03$	$\begin{array}{c} 0.00 \\ 0.46 \\ 0.04 \end{array}$	$\begin{array}{c} 0.01 \\ 0.63 \\ 0.02 \end{array}$
Smallpox Acute Poliomyelitis and Polioencephalitis	0.01	0.01	0.01	0.00
Pneumonia	0.41	0.38	0.36	0.54
Paratyphoid Fever Cerebro-Spinal Fever Scarlet Fever	$\begin{array}{c c} 0.01 \\ 0.03 \\ 1.73 \end{array}$	$0.01 \\ 0.03 \\ 1.90$	0.01 0.02 1.82	0.01 0.03 1.37
Whooping Cough	$\begin{array}{c} 3.42 \\ 0.08 \\ 0.21 \end{array}$	$\begin{array}{c} 3.51 \\ 0.10 \\ 0.23 \end{array}$	3.31 0.09 0.21	3.13 0.10 0.22
Smallpox	9.34 0.73	9.75 0.84	8.84 0.60 0.04	9.17 0.57 0.04
Acute Poliomyclitis Acute Polioencephalitis	0.04	0.05	0.00	0.00
Deaths.		Rates per 1,0	00 Live Births	
All causes under one year of age Enteritis and Diarrhoea under	34 (b)	39	32	31
two years of age	3.3	es per 1,000 Total		
Notifications (corrected).		-	4.71	7.34 (c)
Puerperal Fever and Pyrexia	6.89	8.90	4.71	1.34 (c)

Maternal Mortality in England and Wales.

	1	
	Rates per 1,000 Total (Live and Still) Births	Rates per million women aged 15–44
140 Abortion with Sepsis	0.11 0.05 0.13 0.73	9 4

<sup>(</sup>a) Rates per 1,000 total population. (b) Per 1,000 related births. (c) In London Puerperal Fever alone was 0.61

#### General Provision of Health Services.

Public Health Officers of the Authority (See Page 1).

#### NURSING IN THE HOME.

General.

There are four District Nurses practising in the Borough.

#### LABORATORY FACILITIES.

Pathological and bacteriological examinations and analysis of water, milk, food, etc., are made by arrangement with the Essex County Council Laboratories.

#### LEGISLATION IN FORCE.

Ministry of Health Circulars and Amendments, etc., received during the year have been mentioned.

#### Chelmsford and Essex Hospital.

		Out-patient Clinics.	
Monday— 9 a.m.		Orthopædie	Mr. H. A. Harris, F.R.C.S.
10 a.m.	• •	Medical	H. Bathurst-Norman, D.M. M.R.C.P.
2 p.m.	• •	Surgical	P. G. C. Martin, M.Chir., F.R.C.S.
2 p.m.		Psychiatrie	N. Copeland, M.B., D.P.M.
Tuesday— 9 a.m.		Surgieal	M. D. Sheppard, F.R.C.S.
2 p.m.		Ear, Nose and Throat	A. Martin Henry, M.R.C.S.,
			L.R.C.P., L.D.S.
10 a.m.		Diabetic Clinie	
Wednesday— 9 a.m.		Dental	A. King, L.D.S.
10 a.m.		Diseases of the Reetum and Anus	P. G. C. Martin, M.Chir., F.R.C.S.
10 a.m.	• •	Medieal	R. Sleigh-Johnson, M.D., M.R.C.P.
Thursday— 9 a.m.		Genito-Urinary	M. D. Sheppard, F.R.C.S.
1.30 p.m.		Dermatological	Riehard E. A. Priee, M.B.
2 p.m.		Neurologieal	70 70 11 75 70 70 70
Friday— 9 a.m.		Surgical (including Orthopædies)	H. A. H. Harris, F.R.C.S.
1.30 p.m.		Ophthalmie	R. MeIver Paton, F.R.C.S.
Saturday—10 a.m.	• •	Children	C. B. M. Warren, M.R.C.P., D.C.H.

Patients will not be seen at the above Clinies except by appointment, application to the Registration Clerk, Chelmsford Hospital, Telephone 3481, and MUST bring with them a letter from their Doetor giving details of the ease.

Private patients can be seen at the Hospital, similar arrangements to be made through the Registration Clerk, regarding appointments. Intimation must be given when making appointment as to whether the case is private or not.

Printed Post Cards are obtainable, on application to the Hospital, for making appointments by post.

The following Essex County Council Clinics are also held at the Chelmsford Hospital, but it is not necessary for appointments to be made for patients attending these clinics.

Tuesday—2.30 p.m. .. Ante-Natal.

Wednesday—1.30 p.m. . . Mental Diseases (2nd, 4th and 5th weeks).

Thursday—4 p.m. to 6 p.m. ... Vencreal Diseases.

Friday—10.30 a.m. to noon .. Venereal Diseases.

#### HOSPITALS.

The Hospital Service was transferred to the Regional Hospital Board on 5th July, 1948.

St. John's Hospital (controlled by the Essex County Council).

The Chelmsford Joint Isolation Hospital.

Tuberculosis Clinics are held at the Essex County Council Hospital, Broomfield.

The following Services were transferred to the control of the Essex County Council, 5th July, 1948, under the National Health Service Act, 1946.

#### AMBULANCE FACILITIES.

- (a) For Infectious Cases. A motor ambulance is maintained by the Chelmsford Joint Hospital Board for conveyance of patients. In addition an older motor ambulance is in use for carrying articles for disinfection and disinfestation.
  - (b) For Non-Infectious and Accident Cases; and
  - (c) For Maternity Patients.

These cases are dealt with by the Borough Ambulance Service.

#### SMALLPOX.

Arrangements as in previous years.

#### PUBLIC VACCINATORS.

Vaccination was made non-compulsory from 5th July, 1948, and from this date no Public Vaccinators were employed.

Dr. I. C. P. Beauchamp, "Farleigh," ... Chelmsford and Widford.

London Road, Chelmsford

Dr. R. W. Willcocks, 194, Springfield Road, ... Springfield Ward, Springfield, Chelmsford etc.

Dr. J. T. Whitley, "Thorneybrook," .. Broomfield, etc.

London Road, Chelmsford

Dr. Tudor Pembleton, Kitts Croft, Writtle ... Writtle, etc.

#### MATERNITY.

Our arrangement for the institutional treatment at St. John's Hospital, Wood Street, of cases of complications arising during pregnancy or confinement, and for cases where the home environment is unsatisfactory, remains as before. The full charge for maintenance and treatment is 11/8d. per day. This charge is subject to reduction if the person's income is below the Council's Income Scale Assessment.

Ninety-two Borough cases were admitted to St. John's Hospital for confinement during the period 1st January, 1948, to 4th July, 1948.

#### ANTE-NATAL SERVICES.

The Ante-Natal and Post-Natal Clinics are held every Wednesday afternoon. Mothers are encouraged to attend six weeks or so after confinement for post-natal examination.

In addition, married women, where pregnancy would endanger health, are on their request given instructions in birth control.

#### INSTITUTIONAL PROVISION FOR-

- (a) Unmarried Mothers. The only arrangement is that supplied by the Borough and the Essex County Council Public Assistance Committee. After the lying-in period, however, they may be helped by the Girls' Aid Society, who have a Hostel just outside the Borough. There is also a Home at Ardmore, Buckhurst Hill, for unmarried mothers and their children.
- (b) For Illegitimate Infants and Homeless Children. The Public Assistance Institution is available.

#### PREMATURE INFANTS.

Arrangements have been made between the hospitals and this Authority to ensure the follow-up of premature infants on discharge. Notification, with complete record of child's progress while in hospital, is received from the Medical Officer in Charge of the Maternity Section. Health Visitors follow-up soon after receiving above information.

#### MUNICIPAL MIDWIVES.

	Mrs. M. E. Harris	 3, Ruskin Road	 Tel. No. 3815
(2)	Miss E. M. Miller	 "Lonicera," St. Mildred Road	 Tel. No. 3816
(3)	Mrs. M. Aldred	40, Kings Road	Tel. No. 3817
(4)	Miss M. A. Wilkins	 5, Bruce Grove	 Tel. No. 2438
(5)	Miss B. Briggs	 65, Sandford Road	Tel. No. 4552

Inspection of Nursing Homes, etc.

Inspections are earried out by the Essex County Council, which is the Local Supervising Authority.

#### NURSING HOMES.

- (1) "Brooklands," London Road.
- (2) St. John's Maternity Home, Broomfield Road.
- (3) "Lionmede," Springfield Road.

#### PREVENTION OF BLINDNESS.

No cases occurred requiring action under Section 176 of the Public Health Act, 1936.

#### Maternity and Child Welfare.

Period 1st January, 1948, to 4th July, 1948.

#### CLINICS AND TREATMENT CENTRES.

These are set out in the Table on page 16.

#### Attendances at Infant Welfare Centres.

Children 0 to 5 years .			• •		• •	6,461
Number who attended for th	ne first	time d	uring the y	ear :—		
Children under 1 year .						559
Children between 1 and 5	years					535
						1,094
Ante-Natal Clinics.						1948.
Attendances				• •		1,194
Post-Natal Clinic.						
						154
Attendances	•	• •	• •	• •	• •	101

#### HEALTH VISITING.

The Health Visitors have made the following visits during the above period:-

	1st Visit.		Total Visits.
To expectant mothers	 34		64
To children under 1 year of age	 384		1,104
To children between the ages of 1 and 5 years	 108		1,428
Totals	 526	••	2,596

#### MILK AND OTHER FOODS.

The Maternity and Child Welfare Committee have instituted a scheme to supplement feeding in necessitous and difficult eases on the recommendation of the Medical Officer.

#### DENTAL SERVICE.

Dental treatment for expectant and nursing mothers and children under five years of age has been carried out during the period 1st January—4th July, 1948, and the following is a summary of the work:—

#### Dental Treatment.

Period—1st January, 1948—4th July, 1948.

(	a	Expectant Mothers	
	7.1	Marina Makham	

(b) Nursing Mothers.

(c) Children under 5 years of age.

(a) Expectant Mothers.					
Form of Dental Treatment— Fillings—					
Permanent teeth					49
No. examined					250
No. needing treatment				• •	228
Extractions—					
Permanent teeth	• •				80
No. treated	• •	• •	• •		213
Other Operations—					
Permanent teeth		• •		• •	165
No. of General Anæsthetics	• •	• •	• •	• •	13
No. of Local Anæsthetics	• •	• •	• •	• •	42
No. made dentally fit	• •	• •	** .	• •	205
(b) Nursing Mothers.					
(b) Nursing Mothers.  Form of Dental Treatment—					
Form of Dental Treatment— Fillings—					
Form of Dental Treatment— Fillings— Permanent teeth					42
Form of Dental Treatment— Fillings— Permanent teeth No. examined					79
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment					
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment Extractions—		 	••		79 68
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment Extractions— Permanent teeth					79 68 46
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment Extractions— Permanent teeth No. treated					79 68
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment Extractions— Permanent teeth No. treated Other Operations—		• •			79 68 46 68
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment Extractions— Permanent teeth No. treated Other Operations— Permanent teeth		• •			79 68 46 68
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment  Extractions— Permanent teeth No. treated Other Operations— Permanent teeth No. of General Anæsthetics	• •				79 68 46 68 68
Form of Dental Treatment— Fillings— Permanent teeth No. examined No. needing treatment Extractions— Permanent teeth No. treated Other Operations— Permanent teeth					79 68 46 68

#### (c) Children under 5 years of age.

Form of Dental Treatment—				
Fillings—				
Temporary teeth	 			98
No. examined	 			314
No. needing treatment	 	• •	• •	302
Extractions—				
Temporary teeth	 			29
No. treated	 	• •	• •	291
Other Operations—				
Temporary teeth	 	• •		424
No. of General Anæsthetics	 		• •	8
No. of Local Anæsthetics	 			15
No. made dentally fit	 			276

#### REPORT OF DENTAL OFFICER.

After over 25 years engaged in the dental treatment of Nursing and Expectant Mothers and Children under five years of age, I have come to the conclusion that Oral Sepsis (which is very prevalent) is due entirely to the stagnation of fermentable carbohydrates in relation to the tooth surface.

Advertisements re toothpaste, etc., are of no avail, but actual contact with the patients must be made, and propaganda re the care of the teeth actually demonstrated.

With regard to the "under 5's," there is only one advice to be given, viz., clean teeth at bedtime, and no biscuits or sweets (a most common practice) in bed. For cleaning the teeth the best proposition is a quarter of a cup of warm water with which to brush the teeth, no toothpaste advised. It is a noticeable fact that the habit of a sweet or biscuit in bed leads to carious teeth.

I maintain that the chairside talks with the parents are most necessary, and not as is generally undertaken, operative measures only. The public must be educated.

#### Sanitary Circumstances of the Area.

WATER.

The quality of the water has at all times been of a satisfactory nature for public supply purposes.

During the past year the quantity of water available has been sufficient to meet the needs of the Borough.

Bacteriological examinations are made daily of the treated water as it leaves the Sandford Mill Pumping Station and frequent analyses are made of the raw water. Frequent samples are also taken from the Service Reservoir and at certain points on the distribution system. These have in all cases proved satisfactory. Independent analyses are made weekly by the Counties Public Health Laboratories.

The water has no plumbo-solvent action.

No contamination has occurred after treatment.

	All	properties	within	the area	of	supply	have	mains	supply	direct	to	the	house
with	the	exception	of the	following	:	-							

Writtle Road—						
" Bedfords			• •	• •	• •	1
" Hillcroft "			• •	• •	• •	1
Vater is available at stope	ocks but	services	have not	been pick	ced up.	
Widford Hall Lane—						
Robjohns Farm			• •	• •	• •	1
Horse and Groom Lane-	_					
Seven Cottages			• •	• •	• •	7
Total					•••	10
10001	• •	• •	• •	• •	_	_
Supply by means of	Stand-pi	pes		• •	N	il.

#### SEWERS LAID DURING YEAR.

Wo	odh:	11 I	Esta	tc-

 	18 in.—234 yards lineal.
	15 in.—183 ", ",
	12 in.— 94 ,, ,,
	9 in.—600 ,, ,,
	6 in.—990 ,, ,,
 	12 in.—266 yards lineal.
	9 in.—490 ,, ,,
	6 in. <u>~</u> 1566 ,, ,,

#### RIVERS AND STREAMS.

A close watch is kept on the rivers within the Borough and all possible steps taken to prevent pollution.

#### PUBLIC CLEANSING.

year.

There was no change in the method of refuse collection during 1948, but the working week was reduced to 44 hours.

#### NUMBER OF NEW HOUSES ERECTED DURING THE YEAR.

(1) By the Local Authority	 	355	(Includes	100	alumi	inium
			bungalows	and	two	steel
			houses).			
(2) Private Enterprise	 	6				

(2) Private Enterprise .. .. 6

(3) War Damaged Houses rebuilt .. . . . 40

### PROMOTION OF CLEANLINESS AND ELIMINATION OF VERMINOUS CONDITIONS.

Facilities for treatment of Scabies, etc., have been in operation throughout the

Sessions By whom provided	Monday and Friday, 9–10 a.m. Local Authority, Essex Con Council for School Children.	Each Tuesday and Thursday, 9 a.m. to Council for School Children.	child Welfare, two sessions per week  Uocal Authority, Essex Cou Council for School Children. by appointment.	First and last Thursday in every month. Local Authority.	Each Tuesday, Thursday and Friday, Local Authority. 2 p.m. to 4 p.m.	Each Wednesday, 2 p.m. to 4 p.m. Local Authority	Each Friday, 1.30 p.m. to 3 p m. Local Authority.	Each Wednesday at 1.30 p.m. Local Authority	2nd, 3rd and 4th Mondays in each Local Authority and Essex month at 1.30 p.m.	Approximately eight sessions in year. Essex County Council	By arrangement with Specialist.  Local Authority and Essex County Council Joint.	2nd and 4th Thursdays in each month Local Authority and Essex at 10 a.m.	p.m. daily. 7.30 a.m. to Local Authority.	Thursday, 4 to 6 p.m. Friday, 10.30 to noon. Doctor in attendance. Daily—Fron 5-6 p.m. Doctor not ln
	1. Monday at 2. Daily.	Each Tuesday noon.	School Children daily. Child Welfare, two s by appointment.	First and last	Each Tuesday, Th 2 p.m. to 4 p.m.	Each Wednesd	Each Friday, 1	Each Wednesd	2nd, 3rd and 4th Innonth at 1.30 p.m.	Approximately	By arrangemen	2nd and 4th T at 10 a.m.	7.30 a.m. to 6 p.m. daily. 12.30 p.m. Saturdays.	Thursday, 4 to 6 p.m. Friday, 10.30 to noon. I dance. Daily—From 5-6 p.m. attendance.
Purpose	1. Consultation and Treatment of School Children. 2. Consultation and Treatment of Children under 5.	Children under five years and Consultation and Treatment of School Children.	Children under five years—Consultation and Treatment of School Children and for Expectant and Nursing Mothers.	Immunization for Children under five, and School Children.	Consultation, etc.	Consultation, etc.	Appointments only.	Consultation, etc.	Consultation and Treatment.	Consultation and Treatment. Specialist attends.	Consultation and Treatment.	Consultation and Treatment.	For children 0-2 years of age of priority and Industrial workers.	Consultation and Treatment.
Accommodation	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lanc, Chelmsford.	Moulsham Clinic, "Highfield," London Road, Chelmsford.	Moulsham Clinic, "Highfield," London Road, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	Public Health Department, Coval Lane, Chelmsford.	New Writtle Street, Chelmsford.	Waterloo Lane, Chelmsford.	Chelmsford and Essex Hospital, New Writtle Street, Chelmsford.
Scrvice	Minor Ailments Clinic.	Eye Clinic.	Dental Clinic.	Immunization Clinic.	Maternity and Child Welfare Clinic.	Maternity and Child Welfare Clinic.	Ante-Natal Clinic.	Ante-Natal and Post- Natal Clinic.	Orthopaedic Clinic.	Orthopaedic Clinic.	Aural Clinic.	Birth Control Clinic.	Day-Time Nurserics.	Venercal Diseases Clinic.

NOTIFIABLE DISEASES (OTHER THAN TUBERCULOSIS) NOTIFIED DURING THE YEAR 1948.

							NoTIF	ICATION	NOTIFICATION AT AGES	SS	-	-	-		2000		To	tal cases 1	Total cases notlified in	
IN		Total	1000												admitted	Total	-	cach walu	ain	
Disease		cases	cases 1 year	1-2	2-3	3-4	4-5	5-10		10-15 15-20 20-35 35-45 45-65	20-35	15-45		65 65	Hospital	Dearins	North Ward	South	East Ward	West
Scarlet Fever	:	50	ı	1	1	1	4	11	23		1	-	1	1	00	1	ю	1-	1-	1
Whooping Cough	:	92	5	30	9	œ	18	33	ı	1	81			1	1	1	55	23	24	111
Erysipelas	:	61	1	1	1			1	ı	1	 	1	-	1	1	1	1	61	1	ı
Infective Hepatitis	:	1	1	1	1	1		1	1		1	1	-		1	ı	1	1	1	1
Pneumonia	:	67	1	1	1	1	1	1	1	-	1	1		-	1	1	1	1	1	ı
Polla-myelitis	:	21	1	1		1	I	1	1	1			1	1	61	ı	1	1	ı	1
Puerperal Pyrexia	:	55	1	ı	1	1	1	1	1	1	16	9	1	1	22	1	1	18	က	ı
Measles	:	₹09	18	7:0	7.1	£9	102	261	10	2	63	1		1	-	1	200	179	120	96
Ophthamia Neonatorum	:	-	. 1	I	1	1	1	1	ı	ı	ı			ı	1	١.	ı	1	ı	1
Totals	:	734	5.4	æ	2.2	7.3	124	305	13	89	55	10	1		34	1	240	230	155	109
	1						1			-						-			1	1

#### CASES TREATED IN JOINT ISOLATION HOSPITAL.

1948			Scarlet Fever	Diphtheria	Erysipelas	Measles	Mumps	Whooping Cough	Scabies	Cerebro-Spinal Meningitis	Other Diseases	Total
January February March April May June July August September October November December			2 1 -2 2 1 4 5 3 1 -	1 1 - 1 - 1 - - 3	1	1 2 3 2 4 4 4 4 - - 1	1 1 2 - - - - -	$ \begin{array}{c c}  & - & \\  & 1 & \\  & 1 & \\  & 1 & \\  & 2 & \\  & - & \\  & 1 & \\  & - & \\  & 1 & \\  & 1 & \\  & 1 & \\  & 1 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 1 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 2 & \\  & 1 & \\  & 2 & \\  & 2 & \\  & 2 & \\  & 2 & \\  & 2 & \\  & 2 & \\  & 2 & \\  & 2 & \\  & 3 & \\  & 3 & \\  & 3 & \\  & 4 & \\  & 5 & \\  &$	- - - - - 1 - 1	1 - 1 - 2	4 6 3 5 2 2 7 2 5 4 5 6	8 14 8 10 13 8 17 8 9 7 10 8
Totals  Patients remaining from 1947	om 		24		1			1	_			1
Total No. of patients during 1948	treate	ed	24	3	1	21	7	11	1	2	51	121
Discharged during the	year	•	24	3	1	19	7	10	1	2	47	114
Deaths		•••	_		_	1	_	_	-	_	1	2
Patients remaining 3 December, 1948	lst		-	-	_	1		1	-	-	3	5

Of the patients admitted during the year, 51 came from the Borough of Chelmsford, 38 came from the Chelmsford Rural District, 11 from Ongar, 9 from Braintree, 4 from Dunmow, 1 from Epping, 1 from Maldon, 1 from Witham, 1 from Bishop's Stortford, 1 from Saffron Walden, 2 Military.

# TUBERCULOSIS. New Cases and Mortality durino 1948.

			ĺ		New	CASES			D	EATHS	
				Respi	ratory	Non-Res	spiratory.	Resp	iratory	Non-Res	piratory
				Male	Female	Male	Female	Male	Female	Male	Female
Under 1 1 to 5 5 to 15 15 to 25 25 to 35 35 to 45 45 to 55 55 to 65 Over 65	years .		•		1 6 5 1 —			- - - - 1 - -			   1 
	TOTAL	S	•••	8	13	2	1	1	2	_	1

#### PUBLIC HEALTH (TUBERCULOSIS) REGULATIONS, 1930.

STATEMENT OF PARTICULARS OF CASES OF TUBERCULOSIS, COMPILED FROM THE REGISTER FOR THE YEAR ENDED 31ST DECEMBER, 1948.

		P	ULMONARY	Z	Non	PULMONA	RY	PULMONARY and Non- PULMONARY
		Males	Females	Total	Males	Females	Total	TOTAL
1)	Number of cases on the Register on the 1st January, 1948	174	99	273	78	77	155	428
2)	Number of cases notified to me under the Regulations for the first time during the year	8	13	21	2	1	3	24
(3)	Number of cases added to the Register during the year which have been brought to my no- tice otherwise than by notifica- tion	1	_	1	_	_	_	1
4)	Number of cases removed from the Register during the year	2	3	5	_	_	-	5
5)	Number of cases remaining on the Register on 31st December,	181	109	290	80	78	158	448

#### OPHTHALMIA NEONATORUM.

		CASES					
No	Notified	Trea	ited	Vision unimpaired	Vision impaired	Total blindness	7)41
200.	roumed	At Home	Hospital	ummparred	impaired	omigness	Deaths
	*1		1	1	_	_	_

<sup>\*</sup> Non-Borough Case.

WORK CARRIED OUT BY SANITARY INSPECTOR'S DEPARTMENT YEAR ENDED 31st DECEMBER, 1948.

### SANITARY INSPECTION OF THE AREA.

	DAMITIME AND L		<b></b>				
1.	Inspections of Dwelling Hou	SES DU	RING THE	YEAR.			
	(1) (a) Total number of dwelling houses inspected for housing						
	defects:—					800]	
	Public Health Act Housing Act	• •	• •	• •	• • •	509	1,309
	(b) Number of Inspections						
	- Public Health Act			• •		1,565	2 966
	Housing Act		• •	••		1,401	2,500
	(2) Number of dwelling house	es four	nd to be	in a sta	ate so		
	dangerous or injurious to l	nealth a	as to be u	nfit for l	numan		
	habitation	• •				3	
	(3) Number of dwelling houses	s (exclu	sive of th	ose refer	ercd to		
	under the preceding sub-he			e m an re	espects		
	reasonably fit for human ha Public Health Act		n .—			200]	~ 00
	Housing Act					308	508
	9				-	3.7	
2.	REMEDY OF DEFECTS DURING TH					RMAL NO	TICES
	Number of defective dwellinghous	ouses re	endered fit	in conse	quence		
	of informal action by the Lo			mcers :—	-	হচা ী	
	Public Health Act Housing Act	• •	• •	• •	• • •	329	680
	Housing Act	••				,	
3.							
	Proceedings under Sections 9, 10	and 16	of the Ho	using Ac	et, 1936	:	
	(1) Number of dwelling houses					10	
						13	
	(2) Number of dwelling house		h were re	ndered 11	it after		
	service of formal notices:					8	
	(a) By owners (b) By the Local A	uthorit		 lt of own	ers	$\frac{3}{2}$	
	(0) By the 110car A	donon	<i>j</i> 111 dola -				
	Summary of Work carrie	ed out a	s a result o	f Notices	Served	or	
	Recom	ımendat	tions made.				
Ha	using Act, 1936.						205
	Informal notices issued	• •	• •	• •	• •	• •	295 329
	,, ,, complied with	• •	• •	• •	• •	• •	16
	Statutory notices issued ,, ,, complied with	• •	• •	• •			10
	", ", complied with						

Public Health Act, 1936.						
Informal notices issued						198
,, ,, complied with						351
Statutory notices issued						2
,, ,, complied with						5
Food and Drugs Act, 1938.						
Informal notices issued	• •					14
,, ,, complied with						19
Factories Act, 1937.						
Informal notices issued						14
1' 1 '47	• •	• •	• •	• •	• •	12
	• •	• •	• •	• •	• •	12
Vork carried out.						0
Wash basins renewed	• •	• •	• •	• •	• •	2
Windows repaired	• •	• •	• •	• •	• •	$\frac{22}{2}$
Sash cords renewed	• •	• •	• •	• •	• •	2
New sinks provided	• •	• •	• •	• •	• •	23
Water services renewed	• •	• •	• •	• •	• •	55
Fire grates repaired or renewed	••	• •	• •	• •	• •	41
Rooms cleansed and decorated	• •	• •	• •	• •	• •	17
Staircases repaired	• •	• •	• •	• •	• •	2
Floors repaired or renewed			• •	• •	• •	52
Washing coppers repaired or rene			• •	• •	• •	$\frac{4}{6}$
House doors repaired	• •	• •	• •	• •	• •	6
Hot water installations repaired Waste pipes renewed	• •	• •	• •	• •	• •	14
Waste pipes renewed External brickwork repaired	• •	• •	• •	• •	• •	34
Internal plaster repaired	• •	• •	• •	• •	• •	54
Eaves guttering and fall pipes ren	· ·	• •	• •	••	• •	75
117 . 2. 1 1		• •	• •	• •	• •	7
W7 . ?	• •	• •	• •	• •	• •	156
Doofs remained	• •	• •	• •	• •	• •	67
Chimney stacks repaired	• •	••	• •	• •	• •	5
Hanna and admin d	••	• •	• •	• •	• •	19
D	••.	• •	• •	• • •	• •	28
During manained	• •	• •	• •	• •	• •	23
Drains repaired  Dampness remedied	• •	• •	• •	• •	• •	11
Dust bins provided	• •	• •	• •	• •	• •	39
Verminous and dirty articles clear	nsed and	disinfe	cted	••	• •	134
Yard pavings repaired	doca torre					4
Bakchouse limewashed					••	1
Foodbins provided						1
Ventilation improved						1
Vermin disinfestations						60
Accummulations of refuse remove	ed					10
Caravans removed						3
Library books fumigated						78

#### THE FOLLOWING INSPECTIONS HAVE BEEN RECORDED.

973 complaints have been investigated.

2,966 inspections made at dwelling houses.

- 408 ,, at dwelling houses prior to rehousing.
- 188 ,, ,, at dirty or verminous houses.
- ,, ,, of tents, vans, or sheds.
  - 1 inspection ,, of public houses.
- 21 inspections ,, of schools.
- 20 ,, and enquiries made in connection with infectious disease.
- 7 , made in connection with pollution of watercourses.
- 35 ,, in respect of smoke nuisances.
- 10 ,, of lands and ditches.
- 3 ,, at swimming baths.
- 14 ,, of offices.
- 54 ,, at butchers' shops.
- 98 ,, ,, cafes, restaurants and hotels.
- 81 ,, ,, dairies and milkshops.
- 20 ,, ,, farms (milk producers).
- 446 ,, ,, food shops.
- 1,133 ,, ,, slaughterhouses.

In many cases during these inspections matters relating to minor defects and nuisances were dealt with verbally and remedies carried out in response to persuasive methods.

The following careases were examined at the two Government controlled slaughter-houses:—4,524 beasts, 2,447 calves, 5,069 sheep, 362 pigs.

And the total weight of meat condemned was :-134,220 lbs.

#### CARCASES INSPECTED AND CONDEMNED.

	Cattle and Cows	Cows	Calves	Sheep and Lambs	Pigs
Number killed (if known)	4,524	_	2,447	5,069	362
Number inspected	4,524	_	2,447	5,069	362
All diseases except Tuberculosis— Whole careases condemned	19		5	8	8
Careases of which some part of organ was condemned	1,227		35	565	35
Percentage of the number inspected affected with disease other than tuber-eulosis	27.5	_	1.7	11.3	11.8
Tuberculosis only— Whole carcases condemned	80	_	2		6
Careases of which some part or organ was condemned	1,049	_	3		9
Percentage of the number inspected affected with tuberculosis	24.9	_	0.2	_	4.1

#### FOOD POISONING OUTBREAKS.

Total number of outbreaks	Number of cases	Number of deaths	Organisms or other agents responsible with number of outbreaks of each	Foods involved with number of outbreaks of each	
Nil	Nil	Nil	Nil	Nil	

The following samples were obtained and submitted for analysis, all unsatisfactory results being followed up:—

		Samples taken.	S	Satisfactory.	Unsatisfactory
Milk (ungraded)		 21		19	 2
Pasteuriscd milk		 43		37	 6
Tuberculin tested i	nilk	 23		22	 1
Sterilised milk		 1		1	 _
Water from well		 2		2	 
Ice cream		 128		104	 24
Ice cream powder		 1		1	 
Accredited milk		 8		7	 1
Custard		 1		1	 
Meat mince		 1		1	 
Ginger pudding		 1		1	 
Maderia cake		 1		1	 

The following food has been condemned and surrendered as unfit :-

- 620 tins milk.
- 225 tins fruit.
- 6 tins stewed steak.
- 36 tins meat and vegetable.
- 54 tins soup.
  - 5 tins bacon.
  - 1 tin steak and kidney.
  - 4 tins irish stew.
- 3 tins fish balls.
- 535 tins vegetables.
  - 12 tins meat paste.
  - 35 tins meat loaf.
  - 4 tins lambs tongues.
  - 22 tins spaghetti.
  - 14 tins puddings.
  - 15 tins tomatoes.
  - 3 tins pate de foie.
  - 4 tins tomato juice.
  - 34 tins luncheon meat.
  - 5 tins pork sausage.

- 26 lbs. sour pickles.
- 1261 lbs. english bcef.
- 69 lbs. dried peas.
- $31\frac{1}{4}$  lbs. cake.
  - $6\frac{1}{2}$  lbs. liver.
- 269 lbs. rolled oats.
  - 12 lbs. tinned ox tongue.
- 112 lbs. beasts udders.
  - 6 lbs. jellicd vcal.
  - 125 lbs. pressed beef.
  - 4 lbs. biscuits.
- $302\frac{1}{2}$  lbs. prescrvcs.
  - $9\frac{3}{4}$  lbs. margarine.
- 1211 lbs. dried fruit.
- 30 pkts. cereals.
- 59 pkts. pudding mixtures.
  - 4 pkts. soup.
  - 8 lbs. pork brawn.
  - 5 tins danish pork.
  - 5 lbs. crushed pineapple.

2	tins turkey.		27	lbs. black puddings.
130	tins fruit juice.		54	lbs. sago.
4	tins levair.		8	tins rabbit.
573	tins mussels		56	lbs. herrings roes.
269	tins tomato catsup.	10	01	jars mixed preserves.
17	lbs. fat extendor.		6	tins breakfast spread.
40	lbs. cake extendor.		25	lbs. ice cream powder.
10	lbs. vanila barley.		23	lbs. almond powder.
1	tin mustard.		4	jars yeastrel.
1	lb. sweetphat.		37	jars fish paste.
$77\frac{1}{2}$	lbs. chile con carne.	2	92	jars pickles
45	lbs. haslet.		1	tin coffce.
567	tins various fish.		27	bars chocolate.
35	lbs. bacon.		1	bottle vinegar.
110	lbs. cheese.	1	10	stones dried fish.
3	lbs. cake flour.		$91\frac{1}{4}$	stones wet fish.
<b>2</b> 8	lbs. sausages.	8,6	13	assorted cakes and buns.
$46\frac{3}{4}$	lbs. butter.		95	boxes dates.
$780\frac{1}{2}$	lbs. corned beef.		16	bottles sauce.
$4\frac{1}{2}$	lbs. dried egg.		11	boxes camembert cheese.
6	lbs. syrup.		1	calf's head.
3	lbs. self raising flour.		88	trifles.
49	lbs. chocolates.	1,2	28	lbs. frozen beef.
$104\frac{3}{4}$	lbs. sweets.		18	lbs. pork.
189	lbs. mutton.		24	meat pies.
36	sausage rolls.			

Rats and Mice (Destruction) Act, 1919.

#### Infestation Order, 1943.

During the year  $1{,}033$  visits have been made to infested premises and  $7{,}226$  treatments applied.

#### Factories Act, 1937.

18 inspections have been made at bakehouses.

176 ,, ,, factories and workplaces.